

Grading

White belts

8 th Kyu	Basic Technique only
7 th Kyu	Basic Technique, Kata Heian Shodan, Ippon Gumite: right hand attack only.
6 th Kyu	As above without mistakes.

Yellow belt

5 th Kyu	Kata Heian Shodan, Nidan & Sandan. Ippon Gumite: right and left attack Jodan & Chudan. Jiju Kumite 1v1 Combination technique and posture, questions in Japanese.
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Orange belt

4 th Kyu	Kata Heian Shodan, Nidan Sandan & Yondan. Ippon Gumite: any fist attack. Jiju Kumite 1v1 Combination technique and posture, questions in Japanese
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Green belt

3 rd Kyu	All Kata Heian inclusive Tekki: Shodan. Ippon Gumite: any fist attack. Jiju Kumite 1v1 Combination technique and posture, questions in Japanese
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Grading

Blue belt

2nd Kyu

All Kata Heian, Tekki Shodan, Jitte.
Ippon Gumite: any attack
Sanbon Gumite.
Knife techniques.
Jiju Kumite 1v3

Combination technique & posture, questions in Japanese.

Brown belt

1st Kyu

All Kata Heian, Tekki Shodan, & Nidan, Jitte, Empi.
Ippon Gumite: any attack
Sanbon Gumite.
Knife techniques.
Jiju Kumite 1v3

Combination waza questions in Japanese.

Black belt

1st Dan

All Kata Heian, Tekki Shodan & Nidan, Jitte, Empi, Bassai Dai.
Ippon Gumite: any attack
Sanbon Gumite.
Knife techniques.
Jiju Kumite 1v3